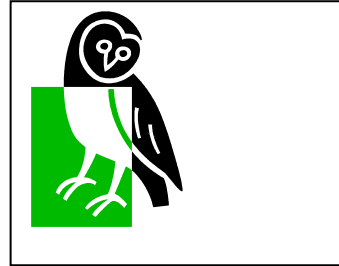


PRACTICE NEWSLETTER

Dr Tim Thurston
Dr Karen Bentley
Dr Paul Campbell
Dr Bridget Cracknell
Dr Annie Rutherford
Dr Will Howard



Autumn 2011

STAFF NEWS

We have said goodbye to Dr Zaid Hirmiz who has been working with us over the last two years having completed his GP training and passed all his examinations successfully. He has found a partnership in Hampshire. Since he started with us he has had two children. We wish him well in his future career as we know he was very popular with you all.

We have said hello to Dr Jimmy Wainwright who joins us for 2 years and will work in the practice until 2012, then return after a 6 month period in Lymington hospital to complete his training. We also have Dr Vikki Friere working with us. She is a newly qualified doctor who is in the practice for 4 months to gain experience of general practice as she hopes to pursue a long term career in general practice.

Our practice nurse Liz Reed has left and we have a new nurse, Liz O'Neill, who has joined our team.

We also have several new receptionists working with us after the retirement of several long serving staff members, in particular Carole our secretary who was with us for over 20 years. We wish her a long and happy retirement.

FLU VACCINATIONS:

Autumn is here it is time for the flu clinics. These were held on 29th OCTOBER and 5th NOVEMBER.

As usual we will be giving the vaccine to those over 65 and to patients in high risk groups ie: diabetics, people with chronic lung conditions (asthma/chronic obstructive airways disease and emphysema), pregnant women and people undergoing immunotherapy. If you are in one of the high risk groups but have yet to have the vaccination please contact the surgery to make an appointment.

We offered pneumovax vaccine to those over 65 or in a high risk group who have not had this before to protect against pneumonia caused by the pneumococcal bacteria.

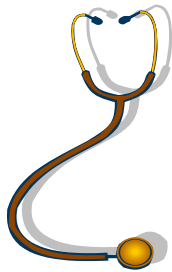
PATIENT PARTICIPATION GROUP

We are still actively looking for people who are keen to have an input into the local services we provide. The aim is to meet with GPs discuss the patients point of view and share their patient experience so that we can improve on this.

Please contact Ceri Olsen the practice manager if you would like more information.

PATIENT HEALTH CHECKS

Being offered for those between the ages of 40-75 who are newly registered or who are at risk of heart disease, we will be sending appointments to patients we feel need this MOT to see our health care assistant.



NEW MEDICINES REVIEW SERVICE

As part of a new government directive and to help prevent wastage of medicine which each year costs the NHS millions of pounds there is a new service available to patients who are recommended by their GP. It offers the opportunity to discuss any new medication prescribed, its possible side effect and any interaction with other drugs you might be taking. This is carried out by the community pharmacist who will see you at the pharmacy and offer a ten minute interview. Please ask your doctor if you are interested.

Please note this is only for new medicines.

The pharmacist may also offer a review of existing medicines particularly for certain groups ie: those taking high risk medicines; those recently discharged from hospital; and those on respiratory drugs, alongside this they can also revise and demonstrate inhaler techniques for you. Please ask your GP or pharmacist about this.

We hope that these services will provide and reinforce the good quality prescribing in the practice and community.

WEBSITE

For those of you with IT access we have a website with lots of information, please visit: www.newmiltonhealthcentre.co.uk

You can order repeat prescriptions and book appointments on line. Find out about everyday conditions, practice news and feedback comments to us.

COFFEE MORNINGS/ PATIENT RAFFLE

These are run by the Friends of New Milton Health Centre and raise monies for the purchasing of equipment for patient use. The Friends are always looking for keen, enthusiastic people to join them and help fund raise.

Please contact the Secretary, Edna Veith via the Practice if you are interested in helping out.

They also maintain our book exchange where books can be purchased and exchanged at a fraction of the cost of a book shop. We are very grateful for all their support and hard work.

We hope to be purchasing some ambulatory blood pressure cuffs for self measurement of blood pressure in the near future.

Finally, congratulations to Dr Tim Thurston who has been appointed as one of only five doctors to the board of the Clinical Commissioning Group where he is representing the needs of West Hampshire, commissioning services for the future medical needs in the community.
